

## Happy New Year!

We hope everyone had a wonderful holiday season and all our best in 2012!

We would just like to take the time to thank all of the families for the wonderful gifts. This is very much appreciated.

### Late Fees

Please refer to Parent Policy page #11.

Some exceptions will be considered for inclement weather. You are responsible to arrive at the centre 5 minutes before closing (5:25pm) otherwise late charges will be applied.

### Illness

Please refer to Parent Policy page #12.

If your child will be absent from the centre we kindly ask that you call us at 982-6689.

## Upcoming Events

January 9	Classes resume
January 11	In-service Day (centre open)
January 24	Early Dismissal @ 2:00
February 3	In-service Day (centre open)
February 14	Valentine's Day
February 20	Louis Riel Day - (centre closed)
February 28	Early Dismissal @ 2:00

## Kinder News

The kindergarten children have had a busy couple of months. They started out talking about hockey, which led to many great activities. Some of the activities they did were learning penalty signs, making their own table hockey game, and making hockey buddies.

In the month of December the children wanted to talk about Christmas. They were very excited that Christmas was coming so they wanted every say in where the decorations went up around the room. The children made Christmas trees from their handprints; they placed stickers on a Christmas countdown and made peppermint play dough. They just couldn't contain themselves with the thought of Santa arriving so we decided to write him a letter and we also paid a visit to him at the mall. I hope they received everything they hoped for! We look forward to the New Year and what it will bring for all of us!

Ms. Tara

## Artist of the Month

Rylan - Age 5



## Senior News

Wow! What a great 2011 we have had!! The senior children had a very busy November talking about pop singers and hockey. Some of the activities they were involved in were; Lady Gaga sunglasses, poker face masks, tiaras, and homemade barrettes. The girls absolutely loved these activities. The boys were involved in many hockey activities such as painting with hockey pucks, making a clay hockey rink, and a homemade hockey table game.

In December the children wanted to talk about winter and Christmas which involved decorating the room, doing many themed activities, and making Christmas presents for their families.

We look forward to what 2012 will bring us.

Ms. Mila and Ms. Tara

## More Active Play in your Day: 5 Activities to do with your Kids

### 1. Hit the playground for instant active play.

Most kids can't help but move their muscles when faced with a tempting array of climbers, swings, and slides. Sandbox play counts too; all that digging and scooping is great for the arms. Mix things up more by:

- Bringing some extra toys ([balls](#), kites, jump ropes)
- Meeting another family and playing together
- Playing obstacle course—chart out a wacky route and see who can do it the fastest
- Trying out a new playground to check out its offerings—anything different from your usual haunts?

### 2. Teach classic backyard games.

Recruit a few neighborhood kids to join in, or just play as a family. Remember [Red Rover](#) and [Four Square](#)? Inside, try [get-moving games](#) such as Twister and Hullabaloo.

### 3. Have some good clean fun.

Tackling housework together is more fun than doing it alone, takes less time, and gets everyone up and moving. Older kids can vacuum and mop; littler ones can dust and wipe. Everyone can help sort laundry or move it from one machine to another (extra points for hanging it outside on the line!). Outside, take on sweeping, raking, weeding, digging, or watering chores together.

### 4. Host a dance party.

This works indoors, outdoors, anywhere, anytime. All you need is some jammin' music. If you start shaking your groove thing, your kids will clamor to join in. For extra incentive, bring out some dress-up items for props (filmy scarves, silly hats, or feather boas are perfect).

### 5. Walk!

Take a family stroll after dinner (try a walking game for more active play), walk to school and back, take your dog on a spin around the block, do errands on foot or park at the far end of the parking lot. Consider outfitting the whole family with inexpensive pedometers, then tracking your steps together. Set goals and reward yourselves with a family outing (bowling, batting cages, etc.).

